

Washington's Birthday Activities

Infants (0–12 months)

1) Star Stamp Art

How to implement:

- Use a star sponge stamp (or cut a star shape from a sponge).
- Lightly dab washable paint and stamp onto paper.
- **Mess-free option:** paint-in-a-bag with a star cutout underneath.
- Adult writes: "My first stars" + date.

2) "Kind Leader" Mirror & Emotion Time

How to implement:

- Sit with baby near a baby-safe mirror.
- Smile and label emotions: "happy," "calm," "safe."
- Add a simple phrase: "We are kind. We help."

3) Soft Book Corner: "Helping & Sharing"

How to implement:

- Read short board books about helping and friendship.
- Point to pictures and narrate: "help," "share," "gentle hands."
- Repeat the same book daily for comfort and routine.



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Toddlers (1–2 years)

1) “My Turn/Your Turn” Leadership Pass

How to implement:

- Use a soft ball or “leader baton” (paper towel roll wrapped in tape).
- Take turns holding it during transitions (line leader, light helper).
- Practice words: “my turn,” “your turn,” “thank you.”

2) Red-White-Blue Sticker Collage

How to implement:

- Provide a large paper circle/flag shape.
- Toddlers add dot stickers and scribbles.
- Adults label: “We work together.”

3) Clean-Up Helpers Game

How to implement:

- Give a tiny job: books, blocks, napkins, or toy bins.
- Use a chant: “Helpers help—1, 2, 3!”
- Celebrate effort: “You helped our class!”

Preschool (3–5 years)



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1) Leadership Job Chart

How to implement:

- Create a simple chart with 4–6 jobs (line leader, door holder, plant helper).
- Rotate daily so everyone gets a turn.
- Reflection question: “How did you help today?”

2) Coin Rubbing Art

How to implement:

- Place a coin under paper (quarters/pennies—supervised).
- Rub with crayons to reveal texture.
- Talk simply: “Coins have leaders on them.”

3) Build a “Strong Bridge” STEM Challenge

How to implement:

- Use blocks, cardboard strips, paper tubes.
 - Kids build a bridge to hold a toy car.
 - Connect to leadership skills: “Plan, try, fix, try again.”
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School-Age (6+ years)

1) What Makes a Good Leader? Poster

How to implement:



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- Brainstorm traits: kind, fair, brave, listens, helps.
- Kids create posters with examples: “A good leader listens before deciding.”

2) Classroom Constitution

How to implement:

- Create 5–7 class rules together (respect, safety, inclusion).
- Everyone signs.
- Discuss: “Rules help everyone feel safe.”

3) Service Project: Leaders Help

How to implement:

- Pick one: thank-you notes to staff, organize a classroom area, welcome notes for new students.
- Reflect: “How did we lead by helping?”



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