

Holy Thursday Activities for Kids

Infants (0–12 months)

1) “Helping Hands” Handprint Keepsake

How to implement:

- Make one handprint on paper with washable paint.
- Adult writes: “Helping Hands” or “Love Helps.”
- Display as a class kindness wall.

2) Gentle Service Routine

How to implement:

- During caregiving moments (feeding/diapering/soothing), narrate warmly: “I’m helping you. You are safe.”
- Pair with slow rocking and calm voice to reinforce care/connection.

3) Soft “Sharing” Basket

How to implement:

- Offer two safe items (soft toy, textured ball).
- Practice simple sharing language: “My turn / your turn,” while you guide the exchange.

Toddlers (1–2 years)



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1) “Kind Helper” Job Cards

How to implement:

- Give toddlers tiny helper jobs (wipe table with a cloth, put napkins in basket, bring books to shelf).
- Celebrate with specific praise: “You helped our class!”

2) Water Play: “Wash and Care”

How to implement:

- At a sensory table, provide a bin with warm water + washcloths + baby dolls or toy dishes.
- Talk about caring: “We wash gently. We help.”

3) Snack Share Practice

How to implement:

- Use a simple snack time routine: “We pass, we wait, we say thank you.”
 - Keep it short and positive—toddlers learn the *social routine*.
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Preschool (3–5 years)

1) Acts of Kindness Chain

How to implement:

- Kids draw/dictate one kind act on a paper strip:
“I helped a friend,” “I used kind words,” “I cleaned up.”



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- Link into a chain and hang it up.

2) “Serving Others” Role-Play Center

How to implement:

- Dramatic play station: “restaurant,” “home kitchen,” or “community helpers.”
- Teach phrases: “How can I help?” “Here you go.” “Thank you.”
- Rotate roles (helper, receiver, organizer).

3) Gratitude Place Mat Craft

How to implement:

- Kids decorate a placemat and add drawings of things they’re thankful for (family, friends, food, teachers).
 - Use during snack to practice gratitude and calm conversation.
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School-Age (6+ years): 3 activities

1) Service Project

How to implement:

- Choose one: make thank-you cards for staff, tidy a shared space, assemble “welcome notes” for new students.
- Reflect: “How did helping others feel?”

2) “Kindness Challenge” Bingo

How to implement:



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- Create a bingo grid with acts like:
“Invite someone to play,” “Help clean up,” “Say something kind,” “Hold the door.”
- Kids complete squares over a day/week and share one success.

3) Holy Thursday Meaning

How to implement (if appropriate for your setting):

- Keep it simple and values-based: “Many Christians remember a time Jesus showed service and love.”
- Discussion prompts:
“What does serving look like today?” “How can we show care at school?”



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