

Halloween Activities (All Ages)

1) Pumpkin Exploration Station

Infants (0–12 mo): Place a small pumpkin within reach during tummy time. Let infants tap and pat it while you describe it (“round,” “smooth,” “orange”). Offer one pumpkin at a time and model gentle touch.

Toddlers (1–2): Add a tub with pumpkins + sponges + a little water. Toddlers “wash pumpkins,” practice pouring, and name colors.

Preschool (3–5): Add measuring tools (tape measure, balance scale). Children compare size/weight and sort pumpkins by “big/medium/small.”

School-age (6+): Have kids estimate weight/size, then measure and graph results (tallest to shortest, heaviest to lightest). Add a “pumpkin facts” mini poster.

2) Halloween Sensory Bottles

Infants: Use larger bottles with simple items (water + glitter glue + big floating shapes). Adults supervise closely and encourage tracking with eyes (“watch it swirl!”).

Toddlers: Use dry bottles (pom-poms, large beads, bells) or water + chunky glitter. Practice calm shaking and “roll it slowly” as a regulation tool.

Preschool: Make “I Spy” bottles with colored rice/pasta and larger hidden objects. Kids find items using picture cards.



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School-age: Add a challenge list (find 3 stars, 2 bats, spell BOO). Kids can design their own bottle theme while an adult seals it.

3) Costume or Dress-Up Parade (Inclusive)

Infants: Take a quick “costume stroll” with simple accessories (pumpkin bib, festive headband) if families choose. Keep it short and comfortable.

Toddlers: Practice walking in a line and waving. Adults model friendly “hello” and cheering.

Preschool: Give each child a turn to walk, pose, and say their costume or color. Keep it optional for shy kids.

School-age: Let kids host the parade—announcers, music helpers, and “kind clap leaders.”

4) Ghost Blow Painting

Infants: Use a sealed sensory bag version (paint in a zip bag taped to table; infants press and smear safely).

Toddlers: Skip straws—use sponges or cotton balls to dab white paint, then add sticker eyes.

Preschool: Kids blow paint with straws to create “ghostly shapes,” then add faces when dry. Teach “gentle blows.”

School-age: Add a creativity challenge: create 3 ghosts showing different emotions (happy, surprised, worried).



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5) Spider Web Gross Motor Game

Infants: Place soft “spiders” near a taped web on the floor for reaching/rolling practice while adults narrate movements.

Toddlers: Step over tape lines and toss beanbags into “web circles.” Keep rules simple: “Step, stop, toss.”

Preschool: Try “walk the web without touching the tape” or crawl under a yarn web (adult-set).

School-age: Turn it into a relay: carry a “spider egg” (ball) across the web without dropping or stepping on tape.

6) “Trick-or-Treat” Dramatic Play (No Candy Needed)

Infants: Let infants explore a basket of soft items (fabric squares, safe toys) while adults model greetings.

Toddlers: Practice knocking, saying “trick-or-treat,” and choosing one item (sticker, pretend food).

Preschool: Add roles: door greeter, trick-or-treater, helper. Practice manners and turn-taking.

School-age: Add a “community map” and have kids design the neighborhood stops (library, fire station, school).



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7) Halloween Storytime + Puppet Acting

Infants: Very short board book + simple puppet popping up (“boo!” in a gentle way).

Toddlers: Use repetitive stories; toddlers help with sound effects and pointing.

Preschool: Act out story with puppets and assign simple roles (ghost, cat, narrator).

School-age: Create a mini reader’s theater and perform for a younger class.

8) Glow Stick Dance Party (No-Scare Fun)

Infants: Calm music and watching glow sticks move slowly (tracking practice).

Toddlers: Freeze dance: “dance...freeze!” Great for self-control.

Preschool: Add simple movement cards: stomp, tiptoe, spin, jump.

School-age: Let kids lead dances or create a short routine for others to follow.

9) Monster Emotions Game

Infants: Use emotion faces on cards; adults label feelings (“happy,” “sad”) and mirror expressions.

Toddlers: Match faces: “Show me happy!” Use short coping tools: “hug, breathe, ask.”

Preschool: Role-play: “What can you do when you feel mad?” Practice calm-down choices.

School-age: Create “strategy cards” (breathing, break, talk it out) and connect them to real situations.



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10) Pumpkin Math + Pattern Play

Infants: Big orange/black items to reach and drop into a bowl (simple cause-and-effect).

Toddlers: Sort by color/size; count 1–5 with teacher support.

Preschool: Build patterns (AB, ABB) and do simple addition with counters.

School-age: Graph results, write equations, or do a timed “pattern challenge.”

11) Halloween Snack Decorations

Infants: Program-approved finger foods (soft fruit, puffs) arranged as “pumpkin colors.”

Toddlers: Place pieces to make faces (banana ghost, orange pumpkin).

Preschool: Build simple snack shapes and describe steps (“first, next, last”).

School-age: Make recipe cards or “snack directions” posters for younger kids.

12) Kindness “Boo!” Notes

Infants: Handprint art card with adult-written message.

Toddlers: Sticker card + adult writes “You are kind!”

Preschool: Draw a picture and dictate a sentence to an adult.

School-age: Write thank-you notes to staff (teachers, cook, custodian) and deliver them as a “kindness team.”



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