

Grandparents Day Activities

Infants (Birth–12 months)

1) “Love & Hugs” Sensory Basket

Materials: soft scarves/fabric squares, baby-safe mirror, textured ball, board books about families

How: Babies explore while you narrate.

Teacher talk: “Families love you. Hugs feel warm.”

2) Photo Peekaboo (family connection)

Materials: laminated family photos (or classroom “people who love me” photos)

How: Show one photo at a time: “Who is this?” (you answer).

Teacher talk: “Grandma! Grandpa! They love you.”

3) Handprint Keepsake Card (teacher-led)

Materials: washable paint, cardstock, wipes

How: One handprint with “Happy Grandparents Day!” + date.

Young Toddlers (12–24 months)

4) Sticker Card: “I Love You!”



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Materials: cardstock, big stickers, crayons

How: Children decorate a card for a grandparent/special adult.

Teacher talk: “You made a gift!”

5) “Telephone Talk” Dramatic Play

Materials: toy phones, notepad, pretend stamps/envelopes

How: Practice saying hello and goodbye, leaving a message.

Teacher talk: “We can call to say kind words.”

6) Family Sorting (people who care for me)

Materials: picture cards (grandma/grandpa/aunt/uncle/neighbor/teacher)

How: Sort into “My family” and “My helpers” (very flexible).

Teacher talk: “Lots of people can love and help us.”

Toddlers (2–3 years)

7) “My Special Grown-Up” Class Book

Materials: paper, crayons, stapler

How: Children draw their grandparent/special adult; teacher writes their words.

Sentence starters:

- “I love when we ____.”
- “My grandparent/special adult is ____.”



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8) Process Art: “Heart Hands” Painting

Materials: paper, paint, sponges/rollers

How: Make hearts, handprints, or “hug” art.

Teacher talk: “This is your love picture.”

9) Kindness Chain for Grandparents

Materials: paper strips, markers, stapler/tape

How: Each child shares a kind act they can do for an older adult.

Examples: “Help carry,” “Hold the door,” “Give a hug,” “Listen.”

Preschool (3–5 years)

10) Interview + Portrait: “All About My Grandparent/Special Adult”

Materials: interview sheet, crayons

Questions (pick 3–5):

- “What do you call them?”
- “What do you like to do together?”
- “What makes them special?”
- “How do they help you?”

11) “Then and Now” Show & Tell



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Materials: photos of old vs new items (phones, cars, toys)

How: Compare: “What’s different? What’s the same?”

Teacher talk: “Grandparents have stories from when they were young!”

12) Gratitude Notes

Materials: paper, markers, envelopes

How: Children dictate or write: “Thank you for ____.”

Teacher talk: “We can show appreciation with words.”

Kindergarten (5–6 years)

13) Memory Jar

Materials: paper strips, jar/container

How: Children write/draw a favorite memory with a grandparent/special adult.

Extension: Read a few aloud (optional).

14) “Helping Older Adults” Problem-Solving

Materials: scenario cards

Scenarios: carrying groceries, walking slowly, needs a seat, hearing difficulty

How: Discuss respectful help: “Ask first. Use kind words.”

Teacher talk: “We can be helpers in respectful ways.”

Whole-Program Ideas (All Ages)



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15) “Grandfriends” Celebration (optional)

Invite grandparents/special older adults for 20–30 minutes: storytime, simple snack, art viewing.

16) Pen Pal Postcards

Children create postcards to mail or send home.

17) Photo Wall: “People Who Love Me”

Families share a photo (optional). Display with captions.



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