

Mawlid al-Nabi Classroom Activities

Birth–12 Months (Infants)

1) Kindness Sensory Basket

Materials: soft fabric squares, baby-safe mirror, textured ball, board books about feelings/families

How: Babies explore on a blanket with close supervision.

Teacher talk: “Gentle hands. Kind hearts.”

2) Gentle Nasheed-Style Rhythm & Rocking

Materials: soft drum/shaker, scarves (adult-held)

How: Sway, rock, and tap a calm beat.

Teacher talk: “We move calmly. We feel safe and loved.”

3) Handprint Heart Keepsake

Materials: washable paint, cardstock, wipes

How: One handprint inside a heart shape. Title: “Kind Hands” + date.

Teacher talk: “Your hands can help.”

12–24 Months (Young Toddlers)

4) “Helping Hands” Picture Match



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Materials: picture cards of helping (sharing, comforting, cleaning up)

How: Toddlers point to the card you name: "Show me helping!"

Teacher talk: "Helping is kind."

5) Gratitude Basket

Materials: familiar classroom items (book, cup, blanket, toy), a basket

How: Child pulls an item; teacher says: "Thank you for ____."

Teacher talk: "Thank you for being helpful."

6) Sticker Crescent & Star Art

Materials: paper, crescent/star stickers, crayons

How: Children decorate freely.

Teacher talk: "You're making celebration art."

2–3 Years (Toddlers)

7) Kind Words Circle Time

Materials: a "talking" plush

Practice phrases: "Please," "Thank you," "Can I help?" "You can play with me."

Teacher talk: "Kind words help friends feel good."

8) Caring for Others Dramatic Play

Materials: dolls/stuffed animals, blankets, toy food, doctor kit

How: Set up a "Care Center" (feeding, comforting, helping).

Teacher talk: "We take care of others."



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9) Good Deeds Chain

Materials: paper strips, markers, stapler/tape

How: Each child shares a kind act; teacher writes it on a strip and links it.

Examples: “I shared,” “I helped clean,” “I hugged my friend.”

3–5 Years (Preschool)

10) Storytime: “Good Character”

How: Read a story about kindness/helping (any inclusive book).

Discussion prompts:

- “What was the kind choice?”
- “How can we help someone who is sad?”
- “What does respect look like?”

11) Kindness Sorting Activity (SEL)

Materials: picture cards (helping vs. not helping) + two mats: “Kind Choice / Not Kind Choice”

How: Children sort and explain their thinking.

Teacher talk: “We can make choices that help others.”

12) Community Help Project



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Options: thank-you cards for staff, a classroom “share box,” a canned drive (if your program allows)

Teacher talk: “We show care for our community.”

Whole-Class & Family Engagement Ideas

13) “My Family Celebrates” Share (optional)

Send a note: “Some families observe Mawlid. If you’d like, share a tradition (song, food, story, or value) that is comfortable for your family.”

14) Kindness Gallery Walk

Display children’s “Kind Hands” art + a class chart: “Ways We Help.”

15) Calm Corner Upgrade

Add feelings cards + “kind choices” visuals and practice using them.



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