

Father's Day Activities

Infant Activities (Birth–12 months)

“I Love You” Sensory Basket (soft + safe)

Materials: soft fabric squares, baby-safe mirror, board book, silicone teether, family photos (laminated), soft brush

How: Place items in a basket on a blanket. Let babies explore with close supervision.

Teacher talk: “You see a happy face! Families love you.”

Gentle Music + Lap Bounces

Materials: soft music, shakers, scarves

How: Rock, sway, bounce, and clap slowly. Follow baby cues.

Teacher talk: “We’re moving with love. Happy Father’s Day to caring grown-ups.”

Baby Handprint Keepsake

Materials: washable paint, cardstock, wipes

How: Make one handprint. Write: “Hands that hug me” + date.

Teacher prep: Do it near a sink; keep it brief.

Teacher talk: “Your handprint is a gift.”

Young Toddler Activities (12–24 months)

Sticker Card: “You’re Special!”

Materials: cardstock, large stickers, crayons

How: Children decorate a card for a caring grown-up.

Teacher talk: “You’re making a kind gift!”



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“Hug & High-Five” Movement Game

Materials: none

How: Call out actions: “Wave! Clap! Stomp! Blow a kiss!”

Teacher talk: “We can show love with our bodies.”

Snack Helper: “Mix & Share”

Materials: yogurt + fruit (or applesauce + cinnamon), bowls, spoons

How: Toddlers scoop and stir with help.

Teacher talk: “Thank you for helping. Sharing is caring.”

Toddler Activities (2–3 years)

“My Grown-Up Helps Me” Class Book

Materials: paper, crayons, stapler

How: Each child draws a caring grown-up and dictates a sentence.

Sentence starters:

- “My grown-up helps me by ____.”
 - “I feel happy when we ____.”
- Teacher talk:** “Families help in many ways.”

Tool Time Dramatic Play

Materials: toy tools, play phone, notepad, safety vest, boxes

How: Create a “Fix-It Shop” center.

Teacher talk: “We can help others—like caring grown-ups help us.”

Love Mail: Classroom Post Office

Materials: envelopes, mailbox box, stamps/stickers, paper

How: Children “mail” notes/drawings to their grown-up.

Teacher talk: “Mail is a way to send love.”



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Preschool Activities (3–5 years)

Interview + Portrait: “All About My Grown-Up”

Materials: interview sheet, clipboard, crayons

Questions (pick 3–5):

- “What is your grown-up’s name?”
 - “What do you like to do together?”
 - “What makes your grown-up special?”
 - “How does your grown-up help you?”
- Teacher talk:** “We can notice the good people do.”

“Coupon Book” of Kindness (acts of love)

Materials: paper strips, stapler

Coupons ideas:

- “One big hug”
 - “Help with cleaning up”
 - “Read a book together”
 - “Draw a picture for you”
- Teacher talk:** “Kind actions are a gift.”

STEM Build: “A Place for Us”

Materials: blocks, cardboard, tape, markers

How: Build a park/house/restaurant “for families to enjoy.”

Teacher talk: “We build together and include everyone.”

Inclusive Options

These help children who may not have a dad at home or whose family structure is different.

- Use wording like: “**Father’s Day / Caring Grown-Up Day**”
- Let children choose who to celebrate: **dad, grandpa, uncle, stepdad, foster parent, mom, older sibling, family friend**
- Offer “I’m making this for: _____” on every project.



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Quick Family Engagement Ideas

1) “Special Person” Notes

Send home a note: “Your child is making something for a caring grown-up. Who should they make it for?”

2) Drop-Off or Pick-Up “High-Five Line”

Families walk through a quick “celebration line” with music.

3) Mini Art Show

Hang gifts and drawings; invite families for 10 minutes to view.



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