

Eid al-Adha Classroom Activities

Infants (Birth–12 months)

Activity: “Gentle Giving” Sensory + Sharing Routine

Materials: soft scarves/fabric squares, baby-safe mirror, small basket

Directions:

1. Place 2–3 soft items in a basket.
 2. Offer one item at a time for the baby to touch while you narrate: “soft... gentle...”
 3. Practice a simple “give” routine with the baby: hand the scarf to the baby, then take it back gently and say “thank you.”
 4. End with mirror time: “You are loved. You belong.”
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Young Toddlers (1–2 years)

Activity: “Give & Receive” Basket Game

Materials: basket, soft items (blocks/scarves/plush), optional picture cards: “give/thank you”

Directions:

1. Sit in a small circle.
2. Model: “I give you this.” The child receives.
3. Prompt the child to give to the next friend: “Your turn—give.”
4. Everyone practices: “Thank you!” (or wave/nod).

Skill focus: sharing, turn-taking, early gratitude.



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Older Toddlers (2–3 years)

Activity: “Kindness Coupons” (Giving Through Actions)

Materials: paper strips, crayons/markers, stapler

Directions:

1. Explain: “Giving can mean helping.”
 2. Offer 3–4 coupon choices with pictures:
 - “I will help clean up.”
 - “I will share a toy.”
 - “I will give a hug/high five.”
 - “I will use kind words.”
 3. Children color coupons; staple into a mini book.
 4. Practice using one coupon as a class: “Let’s do a kindness coupon today!”
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Preschool (3–5 years)

Activity: “Good Deeds Jar” (Class Giving Challenge)

Materials: jar/container, paper slips, markers

Directions:

1. Say: “Some families focus on generosity during Eid al-Adha.”
2. Brainstorm 10 simple good deeds and write/draw them on slips:
 - invite someone to play, hold the door, help clean, share, say thank you
3. Each day, pull one deed and do it together.



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4. Reflect: "How did that help our classroom?"
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School Age (6+)

Activity: "Community Care Project" (Service + Reflection)

Materials: paper, markers, optional envelopes/box

Directions:

1. Explain: "Eid al-Adha is connected to generosity and helping others."
2. Choose one class project:
 - thank-you notes for staff/community helpers
 - a classroom supply share box (if allowed)
 - playground tidy-up (supervised)
3. Plan roles and complete them.
4. Reflection prompt: "How did we show generosity today?"



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