

# Mother's Day Activities

## Infants (Birth–12 months)

### 1) Handprint Keepsake Card

**Materials:** cardstock, baby-safe paint/ink pad, wipes, marker

**Directions:**

1. Fold cardstock into a card.
2. Press baby's hand (or footprint) onto the front.
3. Write: "Happy Mother's Day" or "For someone who loves me."
4. Inside, add a message: "Love, (name) + date."

**Tip:** If paint isn't allowed, use a baby-safe ink pad.

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### 2) "Love You" Photo Frame Craft

**Materials:** cardstock frame template, baby photo (or drawing), glue/tape, stickers

**Directions:**

1. Tape/glue baby's photo behind a simple paper frame.
  2. Add baby fingerprint dots or sticker "decorations" (with help).
  3. Write: "You make me feel safe."
  4. Send home in an envelope.
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### 3) Sensory "Love Basket"



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**Materials:** soft fabric square, ribbon, small paper heart, optional: baby footprint on card

**Directions:**

1. Offer the baby a soft fabric to touch while you narrate: “Soft... gentle... love.”
  2. Attach a fabric square to a card with the baby's footprint/handprint.
  3. Add a short caregiver note: “We explored gentle textures and talked about love.”
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## Young Toddlers (1–2 years)

### 1) Sticker Bouquet Card

**Materials:** paper, stickers (flowers/dots), crayons, glue stick (optional)

**Directions:**

1. Draw 3–5 “stems” (green lines) on paper.
  2. Toddlers add stickers at the top as “flowers.”
  3. Add toddler scribbles for “leaves.”
  4. An adult writes: “For my special person” + child name/date.
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### 2) “Special Person” Photo or Drawing Page

**Materials:** paper, crayons, optional: printed family photos (if available)

**Directions:**

1. Ask: “Who takes care of you?” (child can point or you choose with family input).
2. Toddler colors a big heart or frame.
3. Adult labels: “This is for \_\_\_\_.”



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4. Send home with a short note.
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### 3) Mother's Day Song + Movement

**Materials:** none

**Directions:**

1. Teach a simple chant with motions:
    - "I love you" (hug self)
    - "You help me" (hands out)
    - "Thank you!" (clap)
  2. Repeat 2–3 times.
  3. Optional: record a quick 10-second video for families (if your program allows).
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## Older Toddlers (2–3 years)

### 1) Flower Pot Painting

**Materials:** paper pot template (or draw a pot), dot markers/paint, paper flower shapes

**Directions:**

1. Children decorate a paper "pot" with dots/lines.
2. Glue paper flowers coming out of the pot.
3. An adult writes a dictated message: "I love when you \_\_\_\_."

**Alternative:** paint a real small pot if your program allows.



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## 2) “Reasons I Love You” Dictation Heart

**Materials:** large paper heart, crayons/markers

**Directions:**

1. Ask: “What do you like about your special person?”
2. Child draws a picture.
3. Adult writes 1–2 dictated lines:
  - “I love you because you read with me.”
  - “You make me feel safe.”
4. Display or send home.

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## 3) Coupon Book of Kindness

**Materials:** paper strips, crayons, stapler

**Directions:**

1. Offer 3 coupon choices with pictures:
  - help clean up
  - hug/high five
  - pick a song
2. Toddler colors each coupon.
3. Staple into a mini book and label: “Coupons for my special person.”



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## Preschool (3–5 years)

### 1) Interview + Portrait (“All About My Special Person”)

**Materials:** paper, crayons/markers

**Directions:**

1. Ask 3 questions and write answers (child can dictate):
    - “My special person’s name is…”
    - “They are good at…”
    - “I feel loved when…”
  2. Child draws a portrait.
  3. Send home as a keepsake.
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### 2) DIY “Spa Day” Pretend Play + Thank You Card

**Materials:** dramatic play items (brush, towel, empty lotion bottle), card paper

**Directions:**

1. Set up a “relaxation station” in dramatic play.
  2. Teach respectful caregiving language: “Would you like a towel?” “Thank you.”
  3. After play, children make a small thank-you card: “Thanks for taking care of me.”
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### 3) Handprint Flowers

**Materials:** paper, paint, wipes, green marker

**Directions:**



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1. Paint a child's hand and stamp on paper (petals).
  2. Add stem/leaves with marker.
  3. The child dictates or writes: "You help me \_\_\_\_."
  4. Add date and send home.
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## School Age (6+)

### 1) "Appreciation Letter"

**Materials:** paper, pencils, optional envelope

**Directions:**

1. Teach letter format: greeting → 3 sentences → closing.
  2. Prompts:
    - "Thank you for..."
    - "I notice you..."
    - "My favorite memory is..."
  3. Decorate and seal in an envelope.
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### 2) Memory Jar

**Materials:** jar template (paper), strips of paper, markers

**Directions:**

1. Students write 5–10 "memory strips" or "reasons I appreciate you."



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2. Fold and place inside a paper jar envelope (or staple to the back).
  3. Decorate the jar with patterns and title it.
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### 3) “Acts of Love” Chore Coupon Set

**Materials:** cardstock, markers, scissors

**Directions:**

1. Brainstorm helpful coupons that fit families:
    - set the table
    - help fold towels
    - read together
    - 10-minute quiet time
  2. Students choose 6–8, write them neatly, and decorate.
  3. Add: “Redeem anytime!”
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## Inclusive Swap

Instead of “Mother’s Day,” you can label projects:

- “For My Special Person”
- “For My Grownup”
- “For Someone Who Cares for Me”



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