

Eid al-Fitr Classroom Activities

Infants (Birth–12 months)

1) Gentle Celebration Sensory Tray

Focus: calm joy + sensory exploration

Materials: tray, fabric squares (different textures), soft ribbon, safe baby mirror

Directions:

1. Place 2–3 textures on a tray (soft cloth, smooth ribbon, bumpy towel).
2. Sit the baby on your lap and let them touch one item at a time.
3. Narrate simply: “Soft... smooth... gentle.”
4. End with mirror time: “Hello! You are loved.”

Tip: Keep it 2–4 minutes.

2) “Kind Hands” Baby Massage Routine

Focus: connection + language

Materials: none

Directions:

1. During diapering or calm time, gently rub hands/feet.
2. Say: “Kind hands. Gentle hands.”
3. Pair with a short phrase: “We are safe. We are cared for.”



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Young Toddlers (1–2 years)

1) Greeting Practice: Wave, Smile, Hello

Focus: social skills + community

Materials: picture cards showing wave/smile/high-five (optional)

Directions:

1. Model: wave and say “Hello!”
2. Invite toddlers to practice with you and peers: “Wave to a friend.”
3. Keep it playful: “Hello, hello!” (2–3 rounds)

Optional add-on: Teach a simple greeting phrase like “Happy Eid!” (no pressure to repeat).

2) “Give & Receive” Basket Game

Focus: early giving routine (not gifts)

Materials: basket, soft items (scarves, blocks, plushies)

Directions:

1. Sit in a circle with the basket.
2. Teacher models: “I give you this. Thank you!”
3. Toddlers take turns giving one item to a friend/adult.
4. Celebrate: “You gave kindly!”

Older Toddlers (2–3 years)

1) Eid “Good Wishes” Sticker Cards



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Focus: kindness messages + fine motor

Materials: folded cardstock, stickers, crayons/markers

Directions:

1. Say: "Some families share good wishes during Eid."
2. Children decorate a card with stickers/drawings.
3. Adult writes dictated message options:
 - "Wishing you joy!"
 - "Thank you for being kind."
 - "Happy Eid!" (optional)
4. Deliver cards to staff, another classroom, or families.

2) Celebration Table Dramatic Play

Focus: social language + routines

Materials: pretend dishes, tablecloth, empty clean boxes, play food

Directions:

1. Set up a "celebration table" area.
2. Model phrases: "Welcome!" "Please sit." "Thank you!"
3. Rotate roles: host/guest/helper/clean-up.
4. Tie-in: "Celebrations can include sharing and welcoming."

Preschool (3–5 years)

1) "Our Classroom Gratitude Garland"



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Focus: gratitude + classroom community

Materials: paper circles/flags, string/yarn, markers, tape

Directions:

1. Ask: "What are you thankful for?" (friends, teachers, family, play)
2. Children draw or dictate their gratitude onto a paper flag.
3. Connect flags into a garland and hang it.
4. Read a few each day.

Extension: Add "I appreciate ____ because ____."

2) Kindness Coupon Book

Focus: giving through actions

Materials: paper strips, stapler, crayons

Directions:

1. Explain: "Giving can mean helping others."
2. Brainstorm coupons:
 - "I will help clean up."
 - "I will share a toy."
 - "I will invite someone to play."
3. Children illustrate coupons; staple into a small book.
4. Use one coupon a day as a class challenge.

3) Eid Pattern Party



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Focus: celebration without moon/stars

Materials: colored paper shapes (circles, squares, triangles), glue sticks, crayons

Directions:

1. Teach a repeating pattern: circle-square-circle-square.
2. Children create a “celebration banner strip” using patterns.
3. Count pieces and compare: “Which shape did you use more?”

School Age (6+)

1) Community Appreciation Project

Focus: gratitude + service

Materials: paper, markers, envelopes

Directions:

1. Choose 1 group to thank (custodians, cafeteria staff, crossing guard, bus drivers).
2. Students write notes that include:
 - specific appreciation (“Thank you for keeping our school clean.”)
 - a kind wish (“I hope you have a great week.”)
3. Deliver as a class.

Tie-in: “Some families focus on gratitude and giving during Eid.”

2) “Celebrations Around Us” Compare & Respect Chart

Focus: inclusion + respectful discussion

Materials: chart paper, markers

Directions:



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1. Create a 3-column chart:
 - “Ways people celebrate”
 - “How we show respect”
 - “How we include others”
2. Students contribute examples (birthdays, holidays, family events).
3. Add classroom agreements:
 - “We don’t tease.”
 - “We can ask kind questions.”
 - “People can share or pass.”

3) Acts of Kindness Tracker (Week of Eid)

Focus: behavior/SEL reinforcement

Materials: chart, stickers/tally marks

Directions:

1. Set a class goal (example: 25 kind actions).
2. Define what counts (helping, encouraging words, inviting others).
3. Track all week.
4. Celebrate with a non-food class reward: extra outdoor time, dance break, choice time.



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Whole-Group Activity (All Ages): “Everyone Belongs” Celebration Circle

Materials: optional soft “talking piece”

Directions:

1. Gather briefly (2–5 minutes).
2. Prompt choices:
 - “One kind thing I can do today is...”
 - “One person I can thank is...”
3. Children can share or pass.



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