

Parent Handout: Supporting Learning at Home

Families play an important role in a child's learning and development. Simple, everyday activities at home help children build early literacy skills, feel secure through routines, and learn positive behaviors.

Supporting Early Literacy

- Read with your child every day, even for just a few minutes.
- Talk about pictures and ask questions during stories.
- Sing songs, say rhymes, and play word games.
- Let your child see you reading books, labels, or notes.

Creating Predictable Routines

- Keep regular routines for waking up, meals, play, and bedtime.
- Give reminders before transitions ("In five minutes, we will clean up").
- Use simple charts or pictures to show daily routines.
- Consistent routines help children feel safe and confident.

Encouraging Positive Behavior

- Praise effort and positive actions ("You tried really hard!").
- Set clear and simple rules and explain expectations.
- Offer choices when possible to build independence.
- Stay calm and consistent when guiding behavior.

When families and childcare providers work together, children benefit the most. Small moments at home make a big difference in your child's learning and growth.



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