

☀ Morning Message Card Exchange



Ease drop-off transitions, strengthen parent-child-teacher connection, and model positive communication.

Materials:

- Small index cards or postcard-sized paper
- Pens or colored markers
- Optional: Stickers or decorations

Steps:

1. At arrival, give each child a blank "Morning Message Card."
2. Invite parents to write (or doodle) a short note for their child, such as:
 - *"Love you! Have fun painting today!"*



- *"You're going to build amazing block towers!"*
- 3. Place the card in the child's cubby, on their table, or in a designated spot.
- 4. Read the message together with the child as part of their drop-off routine.
- 5. Teachers can add a short response at the bottom:
 - *"I'm excited to sing your favorite song with you today!"*
- 6. At pick-up, send the card home so families can see the day's positive start.

Why It Works:

- Gives children a comforting "bridge" from home to school
- Reassures parents their child feels seen and supported
- Builds community and models written communication in a joyful way

