

Montessori Sibling Story Jar Activity



The Sibling Story Jar is a fun and meaningful way to help children share feelings, celebrate kindness, and practice communication with one another. Inspired by Montessori principles of respect and community, this activity encourages siblings (or classmates) to reflect, listen, and connect in positive ways.

What You'll Need:

- A jar or small box
 - Strips of paper
 - A pen or marker
 - Optional: small tokens or stickers
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Steps to Do It:



1. Sit down as a family (or group) and invite each child to write—or dictate to an adult—2–3 prompts. Examples:
 - “I felt happy when my sibling helped me...”
 - “I wish we could play ___ together.”
 - “I feel proud of my sibling because...”
 - “Next time we disagree, I hope we can...”
 2. Fold the strips and place them in the jar.
 3. Once a day (or once a week), pull one strip from the jar and read it aloud.
 4. Invite siblings to respond, share stories, or make a small plan together (like reading a book, helping with a chore, or playing a favorite game).
 5. Use tokens or stickers to mark whose turn it is, making sure everyone gets a fair chance to speak and be heard.
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Learning Benefits:

- Builds empathy and communication skills
 - Strengthens memory and reflection
 - Encourages kindness and respect
 - Helps children learn to resolve conflict peacefully
 - Promotes teamwork and sibling bonding
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✨ *Montessori Tip:* Focus on effort and expression, not perfection. Encourage children to listen with patience and respond with kindness. Even small steps make a big difference in sibling relationships!

