Tips for Completing Your Birth to Five CDA Credential with ChildCareEd

We're excited to support you on your journey to earning the **Birth to Five Child Development Associate (CDA) Credential!** At ChildCareEd, our goal is to make this process simple, organized, and achievable.

Plan Your Training Schedule

To complete your CDA coursework efficiently, we recommend dedicating **15 hours per week** to your studies. Here's one way to break it down:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 hours	1 hour	1 hour	1 hour	1 hour	1 hour	5 hours

At this pace, you can complete your:

- 120 hours of CDA coursework in just 8 weeks
- Any additional 30-hour training requirements in only 2 weeks

Build Your Professional Portfolio



The **Professional Portfolio** is an essential part of earning your Birth to Five CDA. You'll need the **CDA Competency Standards Book** from the Council for Professional Recognition to guide your portfolio work—order it early so you can start organizing your materials as you progress through training.

To make this process easier:

- Collect portfolio evidence and documents as you complete each course
- Use ChildCareEd's Portfolio Handbook for a step-by-step guide, tips, and examples
- Stay organized with our checklist of everything you'll need to submit for your CDA

Use the Resources in Your Training Dashboard

Your ChildCareEd account includes valuable tools to help you succeed.

- Click "View Course Handouts" in your training dashboard to access resources, tips, and templates
- Use the CDA Portfolio Handbook and Portfolio Checklist to stay on track

Get Help Anytime

We're here to answer your questions and keep you motivated!

- Call us at (833) 283-2241 (2TEACH1)
- Or email us anytime for support

From all of us at ChildCareEd: Congratulations on starting your Birth to Five CDA journey—You've Got This!

