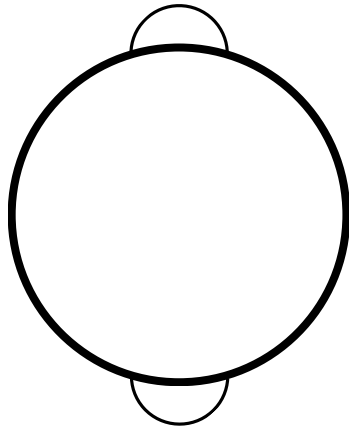
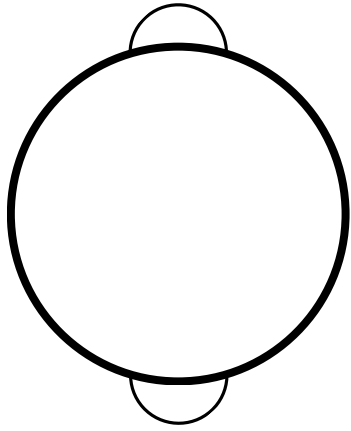


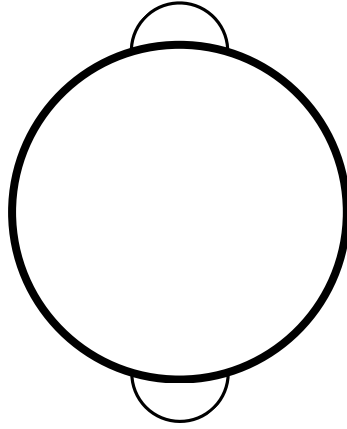
afraid



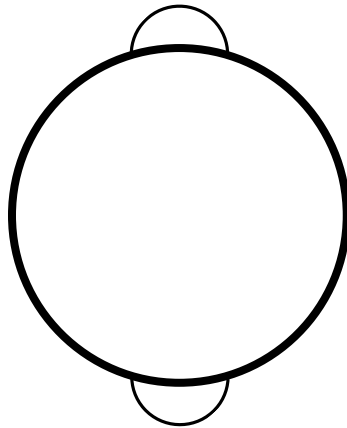
curious



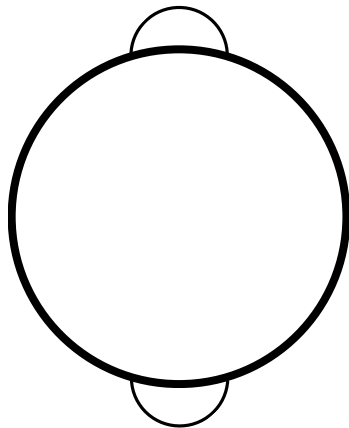
tired



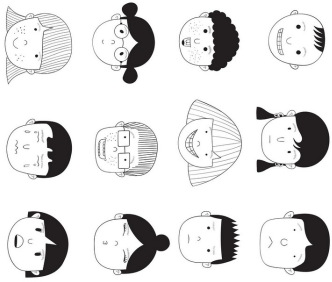
sad



mad

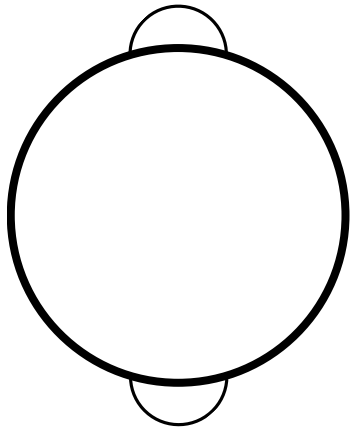


My Book of Emotions

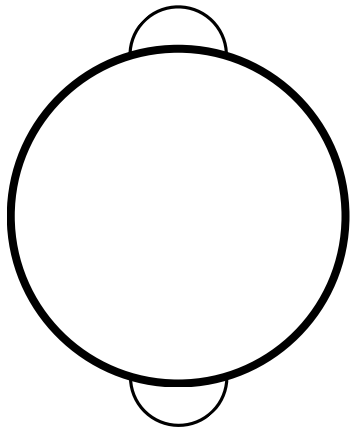


Name: _____

happy



excited



happy



excited



mad



sad





tired



afraid



curious



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<https://www.pexels.com/photo/cute-little-black-girl-resting-on-sofa-with-book-in-sunlight-6437807/27/>

My Book of Emotions Minibook

Thank you for downloading this FREE resource at ChildCareEd! This activity can be printed out in black/white. This book can be put together with children to teach them about the BIG emotions they may feel

Materials:

- My Book of Emotions book
- Scissors
- Crayons
- Pencils
- Dry-erase boards, markers, and erasers (optional)

Directions:

- Cut out My Book of Emotions.
- Ask children to write the words and draw the faces according to the emotion. If the letters are too small for the children, then they can write on a dry-erase board.
- Either the teacher or child will cut the folded line by folding the paper width-wise and cutting to the end of the dotted line. Put together the 8-page book.

